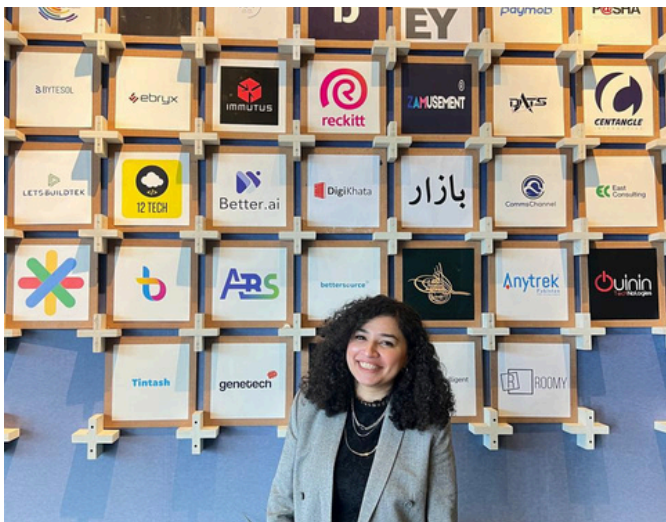


Our #MHD2025 webinar 'Menstruation: From Taboos to Transformation' united global changemakers in a dynamic exchange of solutions - from grassroots activism to policy reform - proving that collective action can dismantle menstrual stigma and build a truly #periodfriendlyworld.



Through the visionary insights of speakers like Candice Chirwa on entrepreneurial solutions, Aya Senbel on community partnerships, and Dr. Bismah Nayyer on policy frameworks, this webinar transformed menstrual equity discussions from theoretical concepts into actionable blueprints for change



The #MHD2025 webinar moved beyond awareness-raising to solution-building, featuring Qrate's stigma-shattering entrepreneurship models, WASH United's partnership strategies, and IAM Global Health's policy roadmaps - a masterclass in multidimensional menstrual justice work